

2024 Summer Lunch Menu JEI LEARNING CENTER

Lunch includes a Snack or Fruit

	Monday	Tuesday	Wednesday	Thursday	Friday
Summer Camp Week 2, 4	Chicken Burger with Baked Potato Wedges	Chicken Vegetable Noodle Stir Fry	Beef Ziti with Diced Carrots & Garlic Bread	6" Turkey Sub Sandwich with Fruit	Baked Chicken Fingers with Potato Hash Browns & Carrot
Vegetarian (includes dairy & eggs) and Halal Options are available at no extra costs. Please include this request during registration.					
Summer Camp Week 1, 3, 5	Beef Burger with Baked Potato Wedges	Chicken Vegetable Fried Rice	Chicken Parmesan Pasta & Carrots (tomato sauce)	Chicken Shawarma Wrap	Homemade Mac & Cheese

Snacks will vary and may be any of the following: chocolate chip cookie, oatmeal cookie, chocolate pudding, rice krispie square, granola bar or muffin. Fruit = Fruit will vary, based on availability/seasonality. Fruit provided can be fresh, canned or frozen (always plain or unsweetened). Fruit choices may include apples, pears, oranges, pineapple, cantaloupe, watermelon etc. Please note this menu is subject to change, due to supply challenges. Substitutions may be made for the major allergens ie. gluten, dairy & egg or dietary restrictions ie. halal & vegetarian.

ADD A HOT LUNCH PLAN FOR ONLY \$85/WEEK ~ Contact Ms. Sophie!
Lunch plan covers 4 days each week and is not provided on the day of a scheduled field trip or workshop. Lunch plan is only available at Elgin Mills Campus.

